



HOPE 2010

Annual Hospice – Palliative Essentials by TAPM and T&NMHO

T&NMHO
P. O. Box 15465
Austin, TX 78761-5465
Voice: 512-454-1247
Fax: 512-454-1248

TAPM
P. O. Box 127
Rockdale, TX 76567
Voice/Fax: 512-857-1233

Date: September 18, 2010

Location: Texas Hospital Association Bldg 7th Floor, 1108 Lavaca, Austin, TX 78701

Hospice Palliative Essentials covers essential hospice and palliative care educational topics of practical interest to participants, including physicians, nurses, and other members of the interdisciplinary team.

HOPE PROGRAM

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| Overview | This annual program reviews essential hospice and palliative medicine concepts of interest to clinicians. Topics being covered this year include prognostication, pain and other symptom management, regulatory update, and ethical issues. TAPM's Audience Response System will be used to facilitate participant involvement. |
| Schedule | Topics |
| 8:00 – 8:30 | <i>Registration & Continental Breakfast (provided)</i> |
| 8:30 – 8:45 | <i>Welcome, Introductions & Announcements</i> |
| 8:45 – 10:00 | Prognostication & Documenting Hospice Eligibility - Determining an individual's prognosis and communicating that information in an empathetic and caring fashion is a prerequisite for optimal palliative management. |
| 10:00 – 10:15 | <i>Break</i> |
| 10:15 – 11:45 | Essentials of Pain Assessment & Management - There is an ethical obligation to provide relief, whenever possible. Additionally, it is not possible for patients to work on other goals of care when pain is unrelieved. |
| 11:45 – 12:45 | <i>Lunch (provided)</i> |
| 12:45 – 1:45 | Optimal and Safe Use of Methadone in Hospice – The session provides information on using methadone for pain management in EOL settings, with an emphasis on its efficacy and safety. |
| 1:45 – 2:45 | Non-pain Symptom Assessment & Treatment - This session will review the assessment and management of several non-pain symptoms commonly encountered in the hospice and palliative care setting. |
| 2:45 – 3:00 | <i>Break</i> |
| 3:00 – 4:00 | Regulatory Issues in Hospice – This session will provide a review of recent regulatory changes affecting hospice, including physician narratives, mandated recertification visits by physician, and C-2 prescribing. |
| 4:00 – 5:00 | Communication Issues in Hospice & Palliative Care – This session reviews multiple aspects of communication, both within the IDT, as well as with patients, families, and other care providers. |
| Faculty | Robert Friedman, MD (Austin), Linda Tavel, MD (Houston), Brent Roddy, RPh (Phoenix), Lyra Sihra, MD (Houston), Ronald Crossno, MD (Rockdale), Leigh Fredholm, MD (Austin) |

Sponsors:
Texas Academy of Palliative Medicine and Texas & New Mexico Hospice Organization

Continuing Education:
Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

Texas & New Mexico Hospice Organization is an approved provider of continuing nursing education by the Texas Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

The Texas Academy of Palliative Medicine and the Texas & New Mexico Hospice Organization are dedicated to improving the care of patients who can benefit from hospice and palliative care services.

Online registration is available at: <http://www.txnmhospice.org/Education.html#hope>

Please see the following pages for registration information by mail and for directions and information regarding accommodations.



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| <p>Registration \$150 Non-members \$200</p> | <hr/> |
| <p>Register on-line at: http://www.txnmhospice.org/Education.html#hope Registration by <u>credit card</u> must be done online.</p> | <p>Name</p> <hr/> <p>Address</p> <hr/> <p>City/State/Zip</p> <hr/> |
| <p>Mail your registration to: T&NMHO P. O. Box 1525 Austin, TX 78767 Registration by <u>check</u> must be mailed.</p> | <p>Phone</p> <hr/> <p>Email (for updates or changes about the conference)</p> <hr/> <p>Name of your organization</p> <hr/> <p>We recommend bringing a light jacket or sweater since the meeting room can be chilly for some.</p> |
| <p>Please indicate if you are a:</p> <p><input type="checkbox"/> Physician</p> <p><input type="checkbox"/> Nurse</p> <p><input type="checkbox"/> Other: _____</p> | <p>Cancellation Policy:</p> <p>Cancellations received in writing by Friday, September 10th, 2010, will be entitled to a refund, less a \$20 administrative fee.</p> <p>Conference “no-shows” forfeit their entire registration fee. Substitutions are welcome, but please inform TAPM in writing if a substitute is attending in your place.</p> <p>Telephone cancellations cannot be accepted; faxed cancellations are acceptable.</p> |

The cost of registration includes breakfast, reference materials on a USB key-drive, lunch and parking. Space is limited, so please register early.

If there are questions about the meeting, accommodations, or registration, please call either T&NMHO or TAPM (numbers listed above).

The meeting will be held at the TNMHO offices in the Texas Hospital Association’s Building at 1108 Lavaca St., Austin, TX 78701 (7th floor training room). Look for the Hospice sidewalk sign on the left and park in our garage. Free parking is available; please park in spaces 1-106.

Information regarding accommodations is available on next page.



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Accommodations

Reduced rates have been negotiated with these hotels listed in order of proximity to the mtg:

Doubletree Guest Suites – Downtown Austin

303 W 15th St, Austin, TX 78701
512-478-7000

Rate is \$169/night – ask for corporate rate 0560052112 ask for the “Wells Fargo Rate”
The Doubletree is two (2) blocks from the Texas Hospital Association Building.

The Mansion at Judges Hill

1900 Rio Grande, Austin, TX 78705

1-800-311-1619 or online: www.judgeshill.com

Weeknight rate: \$159/night (Ask for Texas and New Mexico Hospice Rate)
Note that this is eight (8) blocks from the Texas Hospital Association Building.

Omni Hotel Downtown (8 Blocks from our building)

700 San Jacinto Blvd, Austin, TX 78701
512-476-3700 or 1-888-444-OMNI (6664)

Rate is \$159/night

Note that this is eight (8) blocks from the Texas Hospital Association Building.

Hilton Garden Inn Austin Downtown (15 blocks from our building)

500 N IH 35, Austin, TX 78701
512-480-8181

Rate is \$139/night – ask for corporate rate N2685843

Note that this is fifteen (15) blocks from the Texas Hospital Association Building.

DoubleTree Hotel

6505 North I-35, Austin, TX 78752
(866) 660-7005

Rate is \$119 based on availability. Ask for the corporate rate for Texas and New Mexico Hospice Organization or 0560073287

Note that this is about five (5) miles away from our offices.

Taxi or Super Shuttle is available from Austin Bergstrom International Airport.

You may wish to check travel sites such as www.Priceline.com, www.expedia.com,
www.orbits.com for great deals on downtown Austin hotels.